



Great Value

Chicken Broth

No Artificial Flavors
No Chemical Preservatives

16 FL OZ (1 LB) 454g

Great Value

Chunk Chicken Breast

16 FL OZ (1 LB) 454g

Great Value

Sliced Carrots

16 FL OZ (1 LB) 454g

Great Value

Medium Egg Noodles

ENRICHED NOODLE PRODUCT

NET WT 16OZ (1 LB) 454g

Serving suggestion enlarged to show texture

Recipe For Top Shelf Meals

Sam Milner, Dom Milner



Recipe For Top Shelf Meals:

Air Fryer Easy Everyday Sam Milner, Dom Milner, 2024-09-12 From the expert creators of the bestselling Complete Air Fryer Cookbook this is the ultimate solution to busy mealtimes featuring 140 simple straightforward air fryer recipes This no frills beginner guide is full of effortless and practical recipes that absolutely anyone can follow regardless of experience showing you how easy it is to feed yourself your friends and family all day long using only the air fryer Instructions are included for both basket and dual air fryers as well as a chapter on cooking in the air fryer oven Written by the air fryer experts Sam and Dom Milner who have lived and breathed air fryer cooking for more than 12 years this smart cookbook focuses on the essentials As the creators of the highly successful website RecipeThis.com Sam and Dom know exactly what makes the best recipes so simple and effective along with which techniques you need to easily achieve the best results Chapters range from budget friendly and time saving Meal Prep and Pantry cooking to 7 Days of Dinners with easy ideas for every day of the week From Meat and Fish to Vegetarian Vegan Potatoes and Baking it's packed with stress free recipes from classic comfort foods to lighter meals Includes instructions for the most popular air fryer models the single basket and dual as well as a chapter with recipes for the air fryer oven Prep and cook times calorie counts and step by step techniques included Whether you're making food for yourself or for a family with Air Fryer Easy Everyday you can cook like an air fryer pro and turn simple everyday ingredients into unbelievably delicious meals [The Modern Pioneer Pantry](#) Mary Bryant Shrader, 2025-08-19 Fill your pantry save money and eat healthier using time tested methods from Mary Bryant Shrader of the Mary's Nest YouTube channel There is no better way to preserve food than by using the methods our predecessors used Canning preserving pickling and drying have been used for centuries to make fresh food last longer and preserve garden harvests Now as grocery prices continue to rise people have realized that these methods when done properly and safely can preserve fresh food for months and even years which means less waste a well stocked pantry and a bounty of delicious and healthy food Fans of Mary Bryant Shrader's YouTube channel and website love her positive encouraging approach to teaching complex topics in a way that is both entertaining and richly informative In her first book The Modern Pioneer Cookbook Mary shared tips for cooking traditional foods and using simple ingredients to make healthy meals more economically Now in The Modern Pioneer Pantry Mary goes in depth and teaches you how to use water bath canning pressure canning pickling fermenting freezing dehydrating and drying to preserve everything from fruits and vegetables to salads jams and jellies pickles and so much more In addition to in depth instruction for each method and over 115 recipes you'll learn how to use Mary's unique Four Corners Pantry approach to ensure your home will stay well stocked and food will never go bad You'll also learn how to source inexpensive ingredients get the most out of your garden or the produce section at your local supermarkets and create a pantry that will be a source of pride and also nutrient rich food for your family Each chapter also includes a scannable QR code that links to instructional videos on the Mary's Nest website [Italian Recipes](#)

For Dummies Amy Riolo, 2022-04-19 Your roadmap to cooking like an Italian your very own home For those of us not lucky enough to have our very own Italian grandmother or have attended culinary school in Italy Italian Recipes For Dummies is stepping in to fill the gap Award winning chef and author Amy Riolo delivers a step by step guide to creating authentic Italian dishes starting from the basics and progressing to more advanced techniques and recipes You ll discover how to shop for plan and cook authentic Italian meals properly You ll also find guidance on how to incorporate the cultural nutritional and historical influences that shape classic Italian cuisine This book includes Individual chapters on staples of the Italian pantry wine cheese and olive oil More than 150 authentic Italian recipes with step by step instructions Access to a Facebook Page hosted by the author that provides extended resources and up to date information on mastering Italian cooking The perfect book for amateur chefs Italy aficionados homemakers and anyone else looking for culinary inspiration Italian Recipes For Dummies is also an indispensable guide for people seeking healthier ways of shopping cooking and eating without giving up amazing flavors and rich foods

Nourishing Meals Alissa Segersten, Tom Malterre, 2016-10-11 From two popular bloggers and leaders in the functional medicine movement here s the ultimate guide to eating healthfully as a family a simple practical cookbook that shows how easy it is to ditch processed foods one meal at a time with 365 delicious whole food based allergen free recipes that the entire family will love It can be daunting to live a whole foods lifestyle in today s busy world even more so to prepare plant rich allergen free meals that ll get the whole family around the table Popular blogger Ali Segersten and functional medicine expert Tom Maltterre are a team devoted to teaching their children and readers the importance of living a whole foods lifestyle Nourishing Meals makes it easy and fun with dishes that burst with flavor such as their Cherry Pecan Salad Butternut Squash and Pinto Bean Enchiladas Chipotle Lime Roasted Chicken and Banana Coconut Cream Pie Every recipe in the book is free of the most common allergens gluten soy eggs and dairy as well as refined sugar And these dishes are designed to appeal to everyone including vegan vegetarian seafood and meat eaters In addition to wonderful food Ali and Tom offer easy doable steps to help you change your family s health tips for making the transition easier and ways to get the kids excited about wholesome foods They map out the best foods and recipes for every stage of having a family from pre conception and pregnancy through each year of a child s life And they explain in accessible terms what makes their recipes so effective for achieving optimal health Originally self published with an avid following this edition will feature more than 30 new recipes and many of the original recipes have been updated This new edition will also include 100 beautiful all new food photos featured in two inserts With an easy tasty recipe for every day of the year it s never been simpler to adopt a healthy whole foods lifestyle

12 Best Foods Cookbook Dana Jacobi, 2005-01-27 From an award winning food writer and chef the breakthrough cookbook that identifies 12 micronutrient rich foods that can help protect you against major disease and shows you how to turn them into mouthwatering dishes A diet rich in nutrients including protein carbohydrates fat fiber and vitamins is not enough for our health For optimum protection against heart disease cancer

diabetes and other chronic diseases we also need an abundance of micronutrients How to make sure we get enough of these vital micronutrients and how to prepare them easily and deliciously is what Dana Jacobi shows us in 12 Best Foods Cookbook After identifying the 12 foods containing the most potent micronutrients broccoli black beans tomatoes salmon soy sweet potatoes oats onions blueberries walnuts spinach and chocolate Jacobi provides over 200 fabulous remarkably varied recipes starring these ingredients From appetizers and sandwiches to sides and smoothies from Salmon and Creamed Corn Chowder to a stir fry of Asparagus Red Pepper and Curried Tofu the recipes in this book prove that a diet rich in all the micronutrients science has shown to be indispensable to our well being can be a parade of delectable dishes And since chocolate is the most powerful antioxidant food The Ultimate Bittersweet Brownies is one of the sweet treats that will satisfy the yearnings of health conscious eaters and passionate chocoholics alike

Cooking for Comfort Marian Burros, 2010-05-11 We want to go back to a time when life was not so complicated or at least when we look at it from a distance it was one that seemed much simpler One of the few ways most of us can get there together is through our food from the Introduction In these turbulent times bestselling author and acclaimed New York Times columnist Marian Burros felt the change in America's eating habits More and more Burros noticed that people were setting aside their salads and instead reaching for foods like meat loaf and mashed potatoes while others longed for the cookies cakes and pies their moms used to bake In *Cooking for Comfort* Burros shares more than 100 recipes for comfort food Some are classics some are streamlined for modern tastes some have a contemporary twist and some are unabashedly indulgent But all are stuff from which taste memories are made Known for her ability to create deeply flavorful food and foolproof recipes Burros shares mouthwatering recipes for dishes like classic Maryland Crab Cakes Cream of Tomato Soup the ultimate Toasted Cheese Sandwich the Perfect BLT Picnic Fried Chicken Meat Loaf and Buttermilk Mashed Potatoes and Great Roast Chicken They will soothe your mood and satisfy any craving To calm that sweet tooth Burros has included more than forty recipes for delectable sweets Among them are rich and creamy Michael's Chocolate Pudding no fail Lemon Meringue Pie luscious Coconut Cake and Giant Peanut Butter Cookies with Chocolate Ganache all of which will feed your soul as well as your stomach The recipes are as stress free and enjoyable to prepare as they are to eat and they will appeal to any level of home cook Burros has also provided wine suggestions and special notes on ordering specific ingredients as well as extensive cook's notes that offer helpful hints and variations on recipes With *Cooking for Comfort* Marian Burros has turned out yet another cookbook that is destined to become a classic

Best Dollar Saving Dinners: Cheap and Easy Meals that Taste Great (Best Ever) Monica Sweeney, 2016-05-10 Please your palate as well as your wallet Delicious dinners have never been so easy or so inexpensive to prepare When both time and money are tight it's tempting to buy cheap processed foods but it's not necessary You can cook well with inexpensive cuts of meat in season vegetables that will fill you up and a variety of side dishes to make based on what's on sale that week or what's in your fridge The fast and flexible recipes you can swap ingredients if something is on sale include Butternut Squash

Chicken Pan Roast BBQ Beef Stuffed Potatoes Tuna Hash Brown Casserole Bacon and Chives Frittata Slow Cooker Pork and Beans No matter your budget the recipes shopping lists and tricks to stretch pricey ingredients are invaluable **Food Storage for Self-Sufficiency and Survival** Angela Paskett,2014-04-09 Be Well Prepared and Well Fed With all the uncertainty in the world today there is peace in preparing In an emergency you don't want to depend on a grocery store or government agency to feed your family Storing food assures your family's self sufficiency year round and benefits your budget when you plan correctly This in depth nuts and bolts guide to storing food teaches you a variety of food storage methods that you can customize to meet your family's unique circumstances including family size tastes ages health concerns income and living conditions This is not a generic manual on stocking dehydrated meals that have ten year shelf lives It's the guide to storing foods your family loves so you can eat well no matter what challenges life throws at you Inside you'll find Food storage options for 72 hour emergency kits short term emergencies and long term survival Food storage planning methods that incorporate the foods and meals your family loves Tips for how to maintain balance and variety in your food storage Budget friendly ways to purchase food for storage Easy and practical ideas for cooking with food in storage so nothing expires or goes to waste Organization and storage methods for easy food store maintenance Water storage and purification methods Canning freezing and dehydrating methods to preserve food you produce at home Storing food gives you the freedom to stretch your income in tight budget months pack quick meals for short notice trips and create healthy meals without constantly going to the grocery store Plus your stored food is available if you do experience an emergency power outage natural disaster long term illness or job loss Let this guide help you start building your self sufficiency and food storage today **Home Comforts** Cheryl Mendelson,2005-05-17 Home Comforts is something new For the first time in nearly a century a sole author has written a comprehensive book about housekeeping *The Slow Cooker Baby Food Cookbook* Maggie Meade,2018-11-06 You don't eat all of your food out of jars so why should your baby The Slow Cooker Baby Food Cookbook shows you how to make your own baby food from natural safe ingredients with flavors you know your baby will love Not everyone has time to make fresh meals after work or adhere to unpredictable feeding schedules though This is where the slow cooker comes in Cook up a big batch and toss it in the fridge or freezer for easy access Author Maggie Meade creator of WholesomeBabyFood.com showcases 60 purees and fruit sauces for your beautiful baby as well as recipes for cereals spoon foods and finger foods The Slow Cooker Baby Food Cookbook also includes information on safely storing freezing and reheating all of its recipes so there's no chance of hidden bacteria in your baby's meals From your baby's first spoonfuls of cereal to your toddler's favorite finger foods save money and time making delicious wholesome food with The Slow Cooker Baby Food Cookbook **Learning Korean: Recipes for Home Cooking** Peter Serpico,2022-05-10 A wildly inventive Food Wine James Beard Award winning chef interprets one of Asia's greatest cuisines for the everyday eater The best Korean food is Korean home cooking The cornerstones of every meal are kimchi and white rice and once you unlock that

perfect marriage of flavor the universe of wholesome vegetable centric cooking will inspire healthy eating every day In this insightful and endearing cookbook new flavors techniques and ways to enjoy one of the world s greatest cuisines are revealed by chef and father Peter Serpico Born in Seoul and raised in Maryland Serpico s route to Korean food came long after making a name for himself in New York City restaurants His first bites of marinated short ribs and black bean noodles tasted like home and a love affair with the flavors and techniques of his birthplace began His debut cookbook draws from his decades of professional cooking experience to elevate the greatest hits of at home Korean dishes Serpico s brilliant Instant Kimchi brings home the funk of fermented cabbage in record time his hearty interpretation of gamjatang is a Spicy Pork Rib Stew to share and his classic noodle and rice cake dishes borrow from grandma with clever spins for the modern busy parent BBQ fans will love a Korea fied roast chicken and a sweet and spicy grilled cauliflower Across 100 recipes Serpico shares his philosophy of eating his personal journey into food and a connection to family that promises satisfaction and comfort for cooks of all backgrounds Also featured Beautiful photographs of nearly every dish including more challenging techniques An arsenal of condiments to elevate any meat or vegetable dish Desserts and drinks that will appeal to even the pickiest child eaters Tricks and tips for putting together healthy weekday meals

One Pot Recipes Ellen Brown,2019-01-15 With more than 100 easy recipes to make in a range of pots Ellen Brown gives busy cooks a variety of delicious options for getting complete meals on the table with little fuss and minimal cleanup The success of the Instant Pot makes it clear that home cooks want easy one pot solutions to meal planning This cookbook gives them just that with recipes for flavorful balanced meals that include a protein vegetables and usually a starch or legume That means it takes only one recipe and one pot to get dinner on the table and everything is ready at the same time Recipes are divided according to the pot in which they re cooked whether it s an Instant Pot Dutch oven slow cooker or even a sheet pan or skillet

Gluten-Free Slow Cooking Ellen Brown,2013-09-03 Celiac disease shouldn t hold you back from the diversity of cooking Whether you are strictly wheat free or just watching your diet this book is the first of its kind specializing in gluten free slow cooking Ellen Brown the author of the highly acclaimed *Complete Idiot s Guide to Slow Cooker Cooking* and *Gluten Free Christmas Cookies* has created more than 150 new and original recipes for the first book to meet the needs of anyone suffering from gluten intolerance

Clean Paleo One-Pot Meals Christina Shoemaker,2020-10-06 Clean Paleo One Pot Meals makes living the paleo lifestyle quick and delicious with 100 mouth watering and family friendly recipes that are uncomplicated in both time and preparation Do you want to cook healthy meals but feel overwhelmed in actually accomplishing it You start with good intentions but by dinnertime you are tired out of time uninspired and just ready to be done with the day All of your big Instagram worthy meal plans have flown out the window Who has time to spend two hours in a hot kitchen chopping simmering and then cleaning up Fast food doesn t have to be junk food Healthy food doesn t have to be complicated or weird Christina Shoemaker of the beloved blog *The Whole Cook* proves both in this gorgeous cookbook You ll find immense satisfaction in tossing meat and

vegetables on a sheet pan and letting it roast or simply throwing all your ingredients into a soup pot to simmer and serve in 30 minutes Clean Paleo One Pot Meals will help you live the paleo lifestyle without living in your kitchen Enjoy these and more mouthwatering recipes free of grains gluten legumes dairy soy and artificial ingredients Fiesta Pineapple Chicken Maple Salmon with Sweet Potatoes Sheet Pan Steak Fajitas Lemon Shrimp Stir Fry No Bean 30 Minute Chili Paleo Pad Thai Herby Lemon Chicken Soup Beef Burrito Bowl Enchilada Breakfast Casserole Chicken Fried Cauliflower Rice Easy Paleo Chocolate Muffins

SOUTHERN LIVING Best Cast Iron Recipes The Editors of Southern Living, 2018-03-02 115 Southern style classics from your cast iron cookware This new Special Collector's Edition from Southern Living is going to show you just how versatile cast iron cookware can be Let Best Cast Iron Recipes become your guide to preparing 115 delicious Southern favorites This useful cookbook is packed with step by step recipes and photographs that showcase the best features of cast iron skillets Dutch ovens and more all from the editors of Southern Living It's not all Chicken Pot Pie and Cornbread either You'll learn our secrets to making delicious Southern inspired meals including Creamy Tex Mex Cornbread Bake Cast Iron Cowboy Steak and desserts including Utterly Deadly Southern Pecan Pie and dozens of other tempting dishes Additionally we provide you with the 11 commandments of cast iron care You'll learn our secrets on how to season and maintain your cast iron cookware so that it will last a lifetime From appetizers to main courses and sides to desserts and sauces your cast iron can do it all If you treasure your cast iron and love delicious Southern food you'll have the best of both worlds with Southern Living Best Cast Iron Recipes

Good Food: The Family Meal Planner Good Food Guides, 2012-05-31 The Good Food Family Meal Planner will help you to save time and money and reduce waste three of our biggest and most timely concerns Most cookbooks are arranged around type of dish or ingredient but this book is structured around 5 types of meal which will give you 7 days worth of dishes The first chapter covers batch meals which will provide you with enough food for another day Chapter 2 is full of speedy weekday supper recipes quick and easy meals that can be made in under 20 minutes but also include a significant leftover ingredient that will form the basis of the next day's meal Budget suppers use a smaller number of ingredients while storecupboard and freezer meals are based on ingredients that you should have handy meals you can create on short notice Weekend feasts are more leisurely recipes including ideas for entertaining while the final chapter will offer over 25 seven day meal plans based on the recipes in this book And even if you don't follow a meal planner in its entirety you can choose which meal is most appropriate for your needs Also included within each chapter are handy features on freezing and defrosting creating a storecupboard of essential ingredients making the most of seasonal flavours and recipes for breads stocks and sauces This is the cookbook that every family needs one that you will turn to week after week

Just Married and Cooking Brooke Parkhurst, James Briscione, 2011-05-10 After the bells have chimed the gifts have been opened and the honeymoon suitcases have been unpacked newlywed couples often find themselves wondering So what's for dinner That's why chef James Briscione and his wife writer Brooke Parkhurst put together Just

Married and Cooking a guide to living eating and entertaining together Divided into two sections Life As We Know It and New Traditions Just Married and Cooking is full of valuable advice easy to master techniques time saving secrets and most important recipes for delicious dishes In Life As We Know It Brooke and James offer over a hundred recipes for everyday eating From delectable morning muffins to after work appetizers and easy to prepare dinners this section has everything young couples need for simple healthy and enticing eating New Traditions contains nine menus to help newlyweds mark the special occasions in their new lives together a glamorous birthday girl dinner a fresh and warm spring lunch a derby day party complete with a recipe for fail proof mint juleps and much more Including a wedding registry list suggestions for how to keep a well stocked pantry a glossary of frequently used chef terms and advice for how to plan ahead for easy entertaining Just Married and Cooking is the cookbook newlywed couples everywhere will turn to time and again for recipes and help navigating the kitchen whether they are cooking for a quiet A delectable new cookbook featuring delicious recipes made with fresh seasonal ingredients and accompanied by entertaining informative tips and techniques Brooke Parkhurst and James Briscione the newlywed team that teaches popular couples cooking classes at New York s Institute of Culinary Education and The Culinary Cooperative navigate the difficulties of a small kitchen budgetary restrictions and limited time Whether readers are looking to prepare everyday meals or special occasion feasts Just Married and Cooking is an appealing practical lifestyle guide for cooking couples everywhere *Busy People's Fast & Frugal Cookbook* Dawn Hall,2009-10-12 This cookbook features a full range of simple delicious recipes for home cooks who are crunched for time and cash In The Busy People s fast and Frugal Cookbook Dawn Hall shows you how to prepare home cooked meals that are as healthy and satisfying as they are easy on your budget Each dish includes a quick reference grocery list and easy to read nutritional information Dawn designed every recipe to require only seven ingredients or fewer and to be prepared in thirty minutes or less The recipes also lend themselves to easy substitutions so you can improvise with whatever is available in your kitchen Enjoy quick inexpensive dishes such as Hawaiian Sweet Potato Soup Candied Vegetables Chipped Beef on Toast Eggs with Sauerkraut Maple Glazed Ham Steaks **Home Cooking for Your Dog** Christine Filardi,Wayne Geltman,2013-09-03 Go beyond kibble and put your dog on a healthier diet with recipes for Fido s Fishcakes Bacon and Cream Cheese Muffins and more Home Cooking for Your Dog is the first holistic cookbook for dogs to include recipes for cooked meals treats and the raw food diet User friendly chop licking recipes like Fido s Fishcakes Potluck Polenta and Peanut Butter and Coconut Cakes call for healthy ingredients you can find in your local grocery store or may already have at home to create balanced nutritious meals for a healthier happier dog Included are nutrition information cooking tips and anecdotes from the author about her own four dogs to help you transition your dog to a homemade diet Illustrated with a combination of irresistible color photographs of dogs and humorous line art the book is a must have for dog owners everywhere and a portion of the proceeds will support animal rescue

Waste Reduction Plans Brook Serenity,AI,2025-02-22 Waste Reduction Plans proposes that minimizing waste can lead

to a more sustainable planet and a more serene personal life The book explores the connection between environmental responsibility and self management highlighting how mindful consumption and effective waste diversion strategies can reduce waste and promote personal well being Did you know that global waste generation is rising exponentially straining ecosystems and contributing to climate change The book reframes waste reduction as a rewarding practice not just an obligation The book takes an integrated approach combining practical strategies with mindfulness principles It begins by introducing waste generation and its environmental consequences then explores the psychological impact of clutter The book progresses through source reduction waste diversion and integrating waste reduction into daily routines emphasizing habit formation By understanding the environmental impact and adopting simple changes individuals can significantly reduce their waste footprint and reduce stress

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