

# **THE PARENTAL STRESS SCALE: INITIAL PSYCHOMETRIC EVIDENCE**

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**ABSTRACT**

The development of a measure of parental stress, the Parental Stress Scale, is presented. All participants (total  $N = 1276$ ) completed the Parental Stress Scale and some also completed the Parenting Stress Index, a generic measure of stress called the Perceived Stress Scale, relevant measures of emotions and role satisfaction (e.g. loneliness, marital satisfaction, guilt, etc.), and one group completed the Parental Stress Scale twice. Analyses suggested that the Parental Stress Scale is highly reliable, both internally and over time, and related to the general measure of stress. Also, results were consistent across parents of differing parental characteristics, suggesting the stability of scale characteristics. The validity of Parental Stress Scale scores was supported by predicted correlations with measures of relevant emotions and role satisfaction and significant discrimination between mothers of children in treatment for emotional/behavioral problems and developmental disabilities vs mothers of children not receiving treatment. Finally, a factor analysis suggested that a 4-factor structure underlies responses to the Parental Stress Scale, despite its high internal reliability.

**KEY WORDS** • parenting • parents • stress

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Research indicates that vulnerability to stress has important implications for adjustment and well-being and recent evidence emphasizes the uniqueness of stress responses to individuals and specific stressors (cf. Lazarus & Folkman, 1984). In this regard, the measurement of parental stress has received limited attention. Although some general stress inventories (e.g. Kanner et al., 1981) include items related to parenting, it is not possible to differentiate the stress

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# Parental Stress Scale Manual

**John Touliatos, Barry F.  
Perlmutter, Murray A. Strauss, George  
W. Holden**



## **Parental Stress Scale Manual:**

*Handbook of Family Measurement Techniques: Abstracts* John Touliatos, Barry F. Perlmutter, Murray A. Strauss, George W. Holden, 2000-12-27 This three volume handbook represents a significant and indispensable reference tool for those studying the family Vol 1 contains full abstracts of 504 instruments plus abbreviated descriptions of another 472 Basic scale construction issues can be examined through the combined use of Vol 2 3 An excellent reference tool that will fulfil researchers and clinicians need for quality instrumentation

Handbook of Psychiatric Measures A. John Rush Jr., Michael B. First, Deborah Blacker, 2009-03-20 The Handbook of Psychiatric Measures offers a concise summary of key evaluations that you can easily incorporate into your daily practice The measures will enhance the quality of patient care assisting you both in diagnosis and assessment of outcomes Comprising a wide range of methods available for assessing persons with mental health problems the Handbook contains more than 275 rating methods from the Abnormal Involuntary Movement Scale to the Zung Self Rating Depression Scale In this fully revised edition more than 40 measures have been added both to the book and to the accompanying CD ROM The Handbook features Thoroughly examined and revised measures that provide the most relevant and timely information for clinicians New measures that empirically provide better patient evaluation Updated costs translations and contact information for each measure This handy compendium includes both diagnostic tools and measures of symptoms function and quality of life medication side effects and other clinically relevant parameters It focuses on measures that can be most readily used in either clinical practice or research Most of the measures are designed to improve the reliability and validity of patient assessment over what might be accomplished in a standard clinical interview The measures also demonstrate that the use of formal measures can improve the collection synthesis and reporting of information as compared with the use of unstructured examinations Seventeen disorder specific chapters organized in DSM IV TR order include measures for Disorders of childhood and adolescence Cognitive disorders Sexual dysfunction Eating disorders Sleep disorders Aggression and much more The discussion of each measure includes goals description practical issues psychometric properties and clinical utility followed by references and suggested readings This revised edition includes updated measure descriptions new measure variants and research and newly selected measures particularly appropriate to the domain of discussion As a clinical tool this book Describes how when and to what purpose measures are used Points out practical issues to consider in choosing a measure for clinical use Addresses limitations in the use of measures including ethnic cultural and socioeconomic factors that influence their interpretation Use of this special resource is further enhanced by a CD ROM containing the full text of more than 150 of these measures an invaluable aid for reference and clinical decision making

The Evidence-based Parenting Practitioner's Handbook Kirsten Asmussen, 2012-05-23 The Evidence based Parenting Practitioner s Handbook provides a comprehensive overview of the knowledge necessary to effectively deliver evidence based parenting interventions within community and health settings Using clear examples of how this knowledge

can inform frontline work with parents this practical handbook includes an overview of the policy context underpinning evidence based parenting work in the US UK Australia and Norway a discussion of how a robust evidence base is established and the ways in which practitioners can access information about good quality research an overview of how research in the field of child development has contributed to the development of evidence based parenting interventions an overview of how theories and research in the field of therapeutic practice have contributed to the development of evidence based parenting interventions what research evidence suggests about the role of the practitioner in the delivery of evidence based support outcome focused methods for establishing the evidence base of new parenting interventions outcome focused methods for commissioning evidence based parenting services Emphasizing the ways in which practitioners can evaluate and translate messages from research into applied work with parents and families The Evidence based Parenting Practitioner s Handbook is suitable for all those involved in the delivery of evidence based parenting support including frontline practitioners service managers parenting commissioners heads of children s services and policy makers Hispanic/Latino Evaluation Handbook Richard C. Cervantes,1997 Evaluating Competencies Thomas Grisso,2006-01-27 As in its first edition this book offers a conceptual model for understanding the nature of legal competencies The model is interpreted to assist mental health professionals in designing and performing assessments for legal competencies defined in criminal and civil law and to guide research that will improve the practice of evaluations for legal competencies A special feature is the book s evaluative review of specialized forensic assessment instruments for each of several legal competencies Three fourths of the 37 instruments reviewed in the second edition are new and thus were not reviewed in the first edition Application of the assessment model and reviews of instruments are provided for six areas of legal competence Competence to Stand Trial Waiver of Rights to Silence and Legal Counsel Not Guilty by Reason of Insanity Parenting Capacity Determination of Child Custody Guardianship and Conservatorship and Competence to Consent to Treatment **Handbook of Parenting** Marc H. Bornstein,2019-02-01 This highly anticipated third edition of the Handbook of Parenting brings together an array of field leading experts who have worked in different ways toward understanding the many diverse aspects of parenting Contributors to the Handbook look to the most recent research and thinking to shed light on topics every parent professional and policymaker wonders about Parenting is a perennially hot topic After all everyone who has ever lived has been parented and the vast majority of people become parents themselves No wonder bookstores house shelves of how to parenting books and magazine racks in pharmacies and airports overflow with periodicals that feature parenting advice However almost none of these is evidence based The Handbook of Parenting is Period Each chapter has been written to be read and absorbed in a single sitting and includes historical considerations of the topic a discussion of central issues and theory a review of classical and modern research and forecasts of future directions of theory and research Together the five volumes in the Handbook cover Children and Parenting the Biology and Ecology of Parenting Being and Becoming a Parent Social Conditions and Applied Parenting

and the Practice of Parenting Volume 4 Social Conditions and Applied Parenting describes socially defined groups of parents and social conditions that promote variation in parenting The chapters in Part I on Social and Cultural Conditions of Parenting start with a relational developmental systems perspective on parenting and move to considerations of ethnic and minority parenting among Latino and Latin Americans African Americans Asians and Asian Americans Indigenous parents and immigrant parents The section concludes with considerations of disabilities employment and poverty on parenting Parents are ordinarily the most consistent and caring people in children s lives However parenting does not always go right or well Information education and support programs can remedy potential ills The chapters in Part II on Applied Issues in Parenting begin with how parenting is measured and follow with examinations of maternal deprivation attachment and acceptance rejection in parenting Serious challenges to parenting some common such as stress and depression and some less common such as substance abuse psychopathology maltreatment and incarceration are addressed as are parenting interventions intended to redress these trials

*The Oxford Handbook of Infant, Toddler, and Preschool Mental Health Assessment* Rebecca DelCarmen-Wiggins,Alice S. Carter,2019 The Oxford Handbook of Infant Toddler and Preschool Mental Health Assessment Second Edition brings together leading clinical and developmental researchers to provide empirically based recommendations for assessment of social emotional and behavior problems and disorders in the earliest years The second edition is fully updated and revised according to an upsurge of research in the field of assessment especially with regard to infants and children

*Handbook of Parent-Child Interaction Therapy for Children on the Autism Spectrum* Cheryl Bodiford McNeil,Lauren Borduin Quetsch,Cynthia M. Anderson,2019-02-06 This handbook offers a theoretical foundation for the adaptation of Parent Child Interaction Therapy PCIT for children with autism spectrum disorder ASD and their families The volume examines current treatments for children with ASD and provides a rationale for why PCIT is considered a strong option to address many of the concerns found within this population of children and families It presents an overview of PCIT theory the goals of PCIT the unique aspects of the treatment and the exceptional outcomes The handbook demonstrates the versatility of PCIT in conjunction with standard science based therapies in addressing specific behavioral problems in this young population Chapters provide a theoretical basis for PCIT the empirical evidence for its efficacy clinical considerations and training issues Chapters also offer a selection of case studies that help illustrate how PCIT has been successful in treating children with autism The handbook concludes by identifying the gaps that need to be addressed by future research Topics featured in the Handbook include A clinical description of Parent Child Interaction Therapy The effects of medication for individuals with ASD The importance of parent child interactions in social communication and development Teaching complex social behavior to children with ASD Internet delivered PCIT I PCIT for children with autism Child Directed Interaction treatments for children with ASD Parent Directed Interaction treatments for children on the autism spectrum The Handbook of Parent Child Interaction Therapy for Children on the Autism Spectrum is a must have resource for researchers

professors clinicians practitioners therapists and graduate students across many interrelated disciplines including child and school psychology behavioral therapy social work child and adolescent psychiatry pediatrics and family studies as well as occupational therapy physical therapy behavior analysis and speech therapy

**The Handbook of Systemic Family Therapy, Systemic Family Therapy with Children and Adolescents** Lenore M. McWey, 2020-10-19 Volume II of The Handbook of Systemic Family Therapy presents established and emerging models of relational treatment of children and young people Developed in partnership with the American Association for Marriage and Family Therapy AAMFT it will appeal to clinicians such as couple marital and family therapists counselors psychologists social workers and psychiatrists It will also benefit researchers educators and graduate students involved in CMFT

The Application of the Third Generation of Cognitive-Behavioral Approaches to Parenting Helena Moreira, Eva S. Potharst, Maria Cristina Canavarro, 2019-12-10 In recent years there has been growing interest in understanding how the third generation of cognitive behavioral approaches particularly mindfulness compassion and acceptance based approaches can contribute to the design of more efficacious parenting interventions and to a better understanding of parenting behaviors and the parent child relationship However the application of third generation cognitive behavioral therapies and concepts to parenting is still in its infancy and further research is needed to explore the potential of these approaches to enhance existing parenting interventions or to inform the development of new parenting interventions targeting different groups of parents and their children More research is also needed to understand how mindfulness self compassion acceptance and other related psychological processes may influence parenting practices the parent child relationship and the child s socioemotional development With this e book presenting state of the art research articles on third generation cognitive behavioral approaches a new step is taken in 1 exploring relations between parenting related issues and concepts from the third generation cognitive behavioral framework and 2 examining parenting interventions informed by third generation cognitive behavioral therapies

Psychopharmacology Bulletin ,1995

Handbook of Medical Neuropsychology Carol L. Armstrong, Lisa A. Morrow, 2019-09-03 This ambitious and important second edition of the Handbook of Medical Neuropsychology takes an in depth approach to the medical conditions and methods of neurorehabilitation Comprehensive in scope and highly detailed in its coverage the second edition like the first characterizes the effects of disease and the impact of interventions in the current state of advanced medicine at a level appropriate both for researchers and for clinicians Featuring the most up to date information and quantitative research on cognitive neuroscience of autism HIV AIDS cancer head injury respiratory diseases endocrine diseases early birth injury dementia and other disorders the book handles theory historical background practical considerations and controversial areas with evidence based disease indicators clinical expertise and real world insight It seeks to critique diagnostic and assessment tools specific to disorders The new chapters in this inclusive second edition reflect the changes in prominent problems found in the clinic and provide worthy insights for research investigation in their review of Substance use disorders Nutrition in

neurocognition and mental health Hypothyroidism and Hashimoto's thyroiditis Traumatic brain injury in very early childhood Cognitive functioning in asthma The role of mindfulness in neurorehabilitation The Handbook of Medical Neuropsychology 2nd Edition continues to be an essential resource for the neuropsychology clinician researcher practitioner or graduate student It will be stimulating and relevant reading for years to come

**Psychometrics and Psychological Assessment** Carina Coulacoglou, Donald H. Saklofske, 2017-06-19 Psychometrics and Psychological Assessment Principles and Applications reports on contemporary perspectives and models on psychological assessment and their corresponding measures It highlights topics relevant to clinical and neuropsychological domains including cognitive abilities adaptive behavior temperament and psychopathology Moreover the book examines a series of standard as well as novel methods and instruments along with their psychometric properties recent meta analytic studies and their cross cultural applications Discusses psychometric issues and empirical studies that speak to same Explores the family context in relation to children's behavioral outcomes Features major personality measures as well as their cross cultural variations Identifies the importance of coping and resilience in assessing personality and psychopathology Examines precursors of aggression and violence for prediction and prevention

**The Professional Counselor's Desk Reference, Second Edition** Mark A. Stebnicki, Irmo Marini, 2015-08-21 This award winning bestselling reference for professional counselors and graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions including the 2014 American Counseling Association Code of Ethics CACREP CORE accreditation standards DSM 5 the Affordable Care Act and many other important changes It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio cultural changes The only resource of its kind it is an extremely useful guide for counseling students working toward licensure and certification as well as experienced counselors counselor educators clinical supervisors psychologists and social workers The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and features contributions from over 110 highly regarded experts in counselor education research and practice It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates in 93 chapters both contemporary insight and practical strategies for working with the complexity of real life issues related to assessment diagnosis and treatment of diverse clients New chapters address military and veteran health issues evidence based practice for training counseling transgender individuals partners and families counseling caregivers social justice and so much more In addition to being a quick access resource for all counseling professionals the second edition serves as a concise accessible reference for graduate students preparing for certification and licensure exams It features an expanded comprehensive self exam of over 340 multiple choice items based on the CORE CACREP core content and knowledge areas for counselor education and training New to the Second Edition Updated and expanded discussion of the 2014 ACA Code of Ethics

Affordable Care Act and its impact on delivery of mental health services Coverage of DSM 5 Promotes an interdisciplinary approach inclusive across all counseling disciplines Includes an expanded self exam with over 340 study questions for NCE and CPCE prep New chapters on military and veteran mental health issues New chapter on evidence based practices for counseling New chapter on behavioral health and health disparities in the U S New chapter on social justice and health equity issues New chapter on counseling caregivers New chapter on counseling children with psychiatric conditions New chapter on counseling for wellness New chapter on counseling survivors of natural disasters New information on complementary alternative and integrative approaches New information on counseling LGBTQ couples partners and families Key Features Covers all key foundational content for CACREP CORE accredited programs within one volume Provides quick access to a vast compendium of counseling information Edited and authored by leading counseling scholars educators and practitioners Relevant across all counseling specialties Updated to reflect 2014 ACA Code of Ethics Affordable Care Act DSM 5 and revisions to licensure requirements in many states

Clinical Assessment of Child and Adolescent Personality and Behavior Paul J. Frick, Christopher T. Barry, Randy W. Kamphaus, 2020-06-11 The fourth edition of this textbook offers a scientific and practical context within which to understand and conduct clinical assessments of children s and adolescent s personality and behavior The new edition ensures that the content is relevant to diagnostic criteria for major forms of child and adolescent psychopathology in the 5th edition of the Diagnostic and Statistical Manual of Mental Disorders DSM 5 It provides updated information on specific tests and discusses advances in research that have occurred since the last edition that are relevant for assessing the most common forms of psychopathology shown by children and adolescents The volume is unique in providing both the scientific and ethical basis to guide psychological testing as well as providing practical advice for using specific tests and assessing specific forms of psychopathology This new edition Highlights how current trends in psychological classification such as the DSM 5 and the Research Domain Criteria should influence the clinical assessment of children and adolescents Provides updates to professional standards that should guide test users Discusses practical considerations in planning and conducting clinical assessments Evaluates the most recent editions of common tests used in the clinical assessment of child and adolescent personality and behavior Provides an overview of how to screen for early signs of emotional and behavioral risk for mental problems in children and adolescents Discusses practical methods for integrating assessment information collecting as part of a clinical assessment Uses current research to guide clinical assessments of children with Attention deficit Hyperactivity Disorder conduct problems depression anxiety and autism spectrum disorder Clinical Assessment of Child and Adolescent Personality and Behavior is a valuable updated resource for graduate students as well as veteran and beginning clinicians across disciplines including school clinical child developmental and educational psychology psychiatry counseling and social work as well as related disciplines that provide mental health and educational services to children and adolescents

**The Handbook of Intellectual Disability and Clinical**

**Psychology Practice** Alan Carr, Christine Linehan, Gary O'Reilly, Patricia Noonan Walsh, John McEvoy, 2016-04-12 The Handbook of Intellectual Disability and Clinical Psychology Practice will equip clinical psychologists in training with the skills necessary to complete a clinical placement in the field of intellectual disability Building on the success of the previous edition this handbook has been extensively revised Throughout the text references and website addresses and have been updated to reflect important developments since the publication the first edition Recent research findings on the epidemiology aetiology course outcome assessment and treatment of all psychological problems considered in the book have been incorporated into the text Account has been taken of changes in the diagnosis and classification of intellectual disability and psychological problems reflected in the AAIDD 11 and the DSM 5 New chapters on the assessment of adaptive behaviour and support needs person centred active support and the assessment of dementia in people with intellectual disability have been added The book is divided into eight sections Section 1 Covers general conceptual frameworks for practice diagnosis classification epidemiology and lifespan development Section 2 Focuses on assessment of intelligence adaptive behaviour support needs quality of life and the processes of interviewing and report writing Section 3 Covers intervention frameworks specifically active support applied behavioural analysis and cognitive behaviour therapy Section 4 Deals with supporting families of children with intellectual disability genetic syndromes and autism spectrum disorders Section 5 Covers issues associated with intellectual disability first evident or prevalent in middle childhood Section 6 Deals with adolescent concerns including life skills training relationships and sexuality Section 7 Focuses on residential vocational and family related challenges of adulthood and aging Section 8 Deals with professional issues and risk assessment Chapters cover theoretical and empirical issues on the one hand and practice issues on the other They close with summaries and suggestions for further reading for practitioners and families containing a member with an intellectual disability Where appropriate in many chapters practice exercises to aid skills development have been included The second edition of the Handbook of Intellectual Disability and Clinical Psychology Practice is one of a set of three volumes which cover the lion s share of the curriculum for clinical psychologists in training in the UK and Ireland The other two volumes are the Handbook of Child and Adolescent Clinical Psychology Third Edition by Alan Carr and the Handbook of Adult Clinical Psychology Practice Second Edition edited by Alan Carr Muireann McNulty     Assessment of Childhood Disorders, Fourth Edition Eric J. Mash, Russell A. Barkley, 2012-08-22 This book has been replaced by Assessment of Disorders in Childhood and Adolescence Fifth Edition ISBN 978 1 4625 4363 2     Social Workers' Desk Reference Albert R. Roberts, Gilbert J. Greene, 2002 Following in the groundbreaking path of its predecessor the second edition of the Social Workers Desk Reference provides reliable and highly accessible information about effective services and treatment approaches across the full spectrum of social work practice     **The Clinical Assessment of Children and Adolescents** Steven R. Smith, Leonard Handler, 2015-09-07 This book highlights assessment techniques issues and procedures that appeal to practicing clinicians Rather than a comprehensive Handbook of various tests

and measures The Clinical Assessment of Children and Adolescents is a practitioner friendly text that provides guidance for test selection interpretation and application With topics ranging from personality assessment to behavioral assessment to the assessment of depression and thought disorder the leaders in the field of child and adolescent measurement outline selection and interpretation of measures in a manner that is most relevant to clinicians and graduate students Each chapter makes use of extensive case material in order to highlight issues of applicability      **Child Abuse and Neglect** John T.

Pardeck, 2021-12-23 First Published in 1989 Child Abuse and Neglect attempts to focus on the problem of child maltreatment by using a multidisciplinary approach It presents findings from the fields of psychiatry psychology education sociology and social work from a broad theoretical perspective Both micro and macro approaches are stressed in the work with particular emphasis on social factors related to child abuse and neglect characteristics of adults and families likely to abuse and neglect and interesting strategies of treatment including family therapy Professionals actively involved in research and theory building as well as those who work directly with abused and neglected children will find this book a useful form of reference

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## **Table of Contents Parental Stress Scale Manual**

1. Understanding the eBook Parental Stress Scale Manual
  - The Rise of Digital Reading Parental Stress Scale Manual
  - Advantages of eBooks Over Traditional Books
2. Identifying Parental Stress Scale Manual
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Parental Stress Scale Manual
  - User-Friendly Interface
4. Exploring eBook Recommendations from Parental Stress Scale Manual
  - Personalized Recommendations
  - Parental Stress Scale Manual User Reviews and Ratings
  - Parental Stress Scale Manual and Bestseller Lists
5. Accessing Parental Stress Scale Manual Free and Paid eBooks
  - Parental Stress Scale Manual Public Domain eBooks
  - Parental Stress Scale Manual eBook Subscription Services

- Parental Stress Scale Manual Budget-Friendly Options
- 6. Navigating Parental Stress Scale Manual eBook Formats
  - ePub, PDF, MOBI, and More
  - Parental Stress Scale Manual Compatibility with Devices
  - Parental Stress Scale Manual Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Parental Stress Scale Manual
  - Highlighting and Note-Taking Parental Stress Scale Manual
  - Interactive Elements Parental Stress Scale Manual
- 8. Staying Engaged with Parental Stress Scale Manual
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Parental Stress Scale Manual
- 9. Balancing eBooks and Physical Books Parental Stress Scale Manual
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Parental Stress Scale Manual
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Parental Stress Scale Manual
  - Setting Reading Goals Parental Stress Scale Manual
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Parental Stress Scale Manual
  - Fact-Checking eBook Content of Parental Stress Scale Manual
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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