

# OSSAA PHYSICAL EXAMINATION AND PARENTAL CONSENT FORM

PLEASE PRINT:

DATE OF EXAM: \_\_\_\_\_

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_ Sport(s): \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Personal physician: \_\_\_\_\_ Phone: \_\_\_\_\_

In case of emergency, contact: Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone (H): \_\_\_\_\_ (W): \_\_\_\_\_

Explain "Yes" answers below. Circle questions you don't know the answers to.

	YES	NO		YES	NO
1. Have you had a medical illness or injury since your last check up or sports physical?	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had numbness or tingling in your arms, hands, legs, or feet?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have an ongoing or chronic illness?	<input type="checkbox"/>	<input type="checkbox"/>	8. Have you ever become ill from exercising in the heat?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you ever been hospitalized overnight?	<input type="checkbox"/>	<input type="checkbox"/>	9. Do you cough, wheeze, or have trouble breathing during or after activity?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>	Do you have asthma?	<input type="checkbox"/>	<input type="checkbox"/>
3. Are you currently taking any prescription or nonprescription (over-the-counter) medications or pills or using an inhaler?	<input type="checkbox"/>	<input type="checkbox"/>	Do you have seasonal allergies that require medical treatment?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever taken any supplements or vitamins to help you gain or lose weight or improve your performance?	<input type="checkbox"/>	<input type="checkbox"/>	10. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, retainers on your teeth, hearing aids)?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)?	<input type="checkbox"/>	<input type="checkbox"/>	11. Have you had any problems with your eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a rash or hives develop during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Do you wear glasses, contacts, or protective eyewear?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	12. Have you ever had a sprain, strain, or swelling after injury?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Have you broken or fractured any bones or dislocated any joints?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints?	<input type="checkbox"/>	<input type="checkbox"/>
Do you get tired more quickly than your friends do during exercise?	<input type="checkbox"/>	<input type="checkbox"/>	If yes, check appropriate box and explain below.		
Have you ever had racing of your heart or skipped heartbeats?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Head	<input type="checkbox"/> Elbow	<input type="checkbox"/> Hip
Have you had high blood pressure or high cholesterol?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Neck	<input type="checkbox"/> Forearm	<input type="checkbox"/> Thigh
Have you ever been told you have a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Back	<input type="checkbox"/> Wrist	<input type="checkbox"/> Knee
Has any family member or relative died of heart problems or of sudden death before age 50?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Chest	<input type="checkbox"/> Hand	<input type="checkbox"/> Ankle
Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Shoulder	<input type="checkbox"/> Finger	<input type="checkbox"/> Foot
Has a physician ever denied or restricted your participation in sports for any heart problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Upper arm		
6. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	<input type="checkbox"/>	<input type="checkbox"/>	13. Do you want to weigh more or less than you do now?	<input type="checkbox"/>	<input type="checkbox"/>
7. Have you ever had a head injury or concussion?	<input type="checkbox"/>	<input type="checkbox"/>	Do you lose weight regularly to meet weight requirements for your sport?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been knocked out, become unconscious, or lost your memory?	<input type="checkbox"/>	<input type="checkbox"/>	14. Do you feel stressed out?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a seizure?	<input type="checkbox"/>	<input type="checkbox"/>	15. Record the dates of your most recent immunizations (shots) for:		
Do you have frequent or severe headaches?	<input type="checkbox"/>	<input type="checkbox"/>	Tetanus _____ Mumps _____		
			Hepatitis _____ Chickenpox _____		

Explain "Yes" answers on a separate sheet.

The above information is correct to the best of my knowledge. I hereby give my informed consent for the above-mentioned student to participate in activities. I understand the risk of injury in athletic participation. If my son/daughter becomes ill or is injured, necessary medical care can be instituted by physicians, coaches, trainers or other personnel properly trained. I further acknowledge and consent that, as a condition for participating in activities, identifying information about the above-mentioned student may be disclosed to OSSAA in connection with any investigation or inquiry concerning the student's eligibility to participate under any possible violation of OSSAA rules. OSSAA will undertake reasonable measures to maintain the confidentiality of such identifying information, provided that such information has not otherwise been publicly disclosed in some manner.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

# Physical Exam Documentation Sample

**M Mosston**



## **Physical Exam Documentation Sample:**

*Evidence-Based Physical Examination* Kate Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2020-01-27 The first book to teach physical assessment techniques based on evidence and clinical relevance Grounded in an empirical approach to history taking and physical assessment techniques this text for healthcare clinicians and students focuses on patient well being and health promotion It is based on an analysis of current evidence up to date guidelines and best practice recommendations It underscores the evidence acceptability and clinical relevance behind physical assessment techniques Evidence Based Physical Examination offers the unique perspective of teaching both a holistic and a scientific approach to assessment Chapters are consistently structured for ease of use and include anatomy and physiology key history questions and considerations physical examination laboratory considerations imaging considerations evidence based practice recommendations and differential diagnoses related to normal and abnormal findings Case studies clinical pearls and key takeaways aid retention while abundant illustrations photographic images and videos demonstrate history taking and assessment techniques Instructor resources include PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank This is the physical assessment text of the future Key Features Delivers the evidence acceptability and clinical relevance behind history taking and assessment techniques Eschews traditional techniques that do not demonstrate evidence based reliability Focuses on the most current clinical guidelines and recommendations from resources such as the U S Preventive Services Task Force Focuses on the use of modern technology for assessment Aids retention through case studies clinical pearls and key takeaways Demonstrates techniques with abundant illustrations photographic images and videos Includes robust instructor resources PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank Purchase includes digital access for use on most mobile devices or computers

**Evidence-Based Physical Examination Handbook** Kate Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2024-03-22 Leading the way in providing evidence based assessment guidance to prepare clinicians for their future in healthcare This unique resource combines scientific and holistic approaches to assessment and integrates best practices to guide history taking and physical exam Utilizing the evidence and summarizing clinical relevance this handbook guides the incorporation of the most current evidence based assessment guidelines from such sources as the U S Preventative Services Task Force Chapters have a consistent structure and include key history questions and considerations evidence based physical examination techniques red flag signs and symptoms differential diagnoses for both normal and abnormal findings and sample documentation There are extensive color illustrations and photographic images to strengthen and support advanced assessment skills New to the Second Edition Completely new chapters reflecting specific lifespan considerations including the child adolescent and older adult Increased coverage of evidence based documentation Expanded coverage in every chapter regarding changing practice environments Focus on inclusive history taking and assessment techniques

including considerations for diverse populations and social determinants of health Key Features Includes focus on evidence to enable highest quality of care Emphasizes the importance of wellness and the assessment of well being Delivers the evidence acceptability and clinical relevance behind history taking and physical examination techniques Focuses on the most current clinical guidelines from sources such as the U S Preventive Services Task Force Demonstrates techniques with valuable illustrations and photographic images      **Physical Therapy Documentation** Mia Erickson,Mia L.

Erickson,Rebecca McKnight,Ralph Utzman,2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout      **Manual of Forensic Emergency Medicine** Ralph Riviello,2010 Manual of Forensic Emergency Medicine is a comprehensive guide to the clinical approach to criminal illness and injury This resource offers emergency care professionals the knowledge needed to make an accurate diagnosis of abuse neglect sexual assault or other conditions in which forensic investigation is needed This book offers information on victim services and resources available for patients as well as relevant aspects of the legal system This essential guide contains color photos a forensic glossary and forensic forms that can be used in a clinical practice Key Topics include Forensic Documentation Firearms Evidence Collection in the ED and Gang Violence      The Complete Medical Scribe, E-Book ABC Scribes, LTD,2021-11-16 Expand your career opportunities with this concise all in one guide to a dynamic and growing healthcare career The Complete Medical Scribe A Guide to Accurate Documentation 3rd Edition provides the information you need to document patient health records accurately thoroughly and efficiently Coverage includes activities such as creating a note recording a patient history and review of systems documenting diagnostic tests and therapeutic procedures and noting follow ups for labs or imaging A strong foundational knowledge of anatomy and body systems is emphasized Written by two medical doctors in conjunction with the experts at ABC Scribes this comprehensive resource will prepare you to become an essential member of the healthcare team in a variety of settings Comprehensive coverage includes everything you need to know to work as a medical scribe including medical law and ethics safety and infection control health record documentation billing and reimbursement requirements medical terminology basics and detailed body system coverage Clinical scenarios represent common situations and promote real world application of the scribe s function Case studies with questions test your comprehension and let you apply your knowledge to the clinical setting Review questions and exercises within chapters and online provide opportunities for self quizzing to identify areas of strength and areas of focus Nearly 200 colorful medical illustrations and photos depict subjects such as anatomy and physiology as well as online charting within the electronic health record EHR Detailed instructional videos online simulate medical practice using real doctor patient encounters that progress logically through each part of the EHR Notes boxes emphasize practice dos and don ts along with on the job realities      Emergency ,2006 Emergency Medical Technician

Manual on Reimbursement for Medical Genetics Services Marc S. Williams,American College of Medical Genetics,2002

**The Theory of Endobiogeny** Kamyar M. Hedayat, Jean-Claude Lapraz, Ben Schuff, 2019-11-23 The Theory of Endobiogeny Volume 4 Bedside Handbook concisely presents core elements of the theory and practice of clinical Endobiogeny It is an essential reference for Endobiogenists and for integrative medicine practitioners looking to expand their practice Signs symptoms and biology of function indexes are correlated to each other according to principles of integrative endocrinology and physiology Over 20 common illnesses are succinctly summarized to be read in under 10 minutes conveying the essence of neuroendocrine causes mechanisms and effects followed by prioritization of Endobiogenic treatments based on 40 years of clinical experience Finally for exemplary prescriptions alternate plants are proposed based on the context of the specific illness A succinct materia medica summarizes the essence and key role of nearly 80 medicinal plants used in clinical Endobiogeny offering new insights for experienced prescribers and clear guidance for those new to the usage of medicinal plants The Theory of Endobiogeny Volume 4 provides clinicians and researchers with a concise handbook covering the application of Endobiogeny in current clinical practice Quick reference for over 20 common illnesses with suggested Endobiogenic treatments Identification of key biology of functions indexes signs and symptoms for each disorder Materia medica with essence and summary of nearly 80 medicinal plants plus trace minerals Endobiogenic diets and lifestyle recommendations Spanish and the Medical Interview: Clinical Cases and Exam Review - E-Book Pilar Ortega, Marco Alemán, 2021-07-10 Offering a practical case based approach Spanish and the Medical Interview Clinical Cases and Exam Review is a unique immersive study and review resource for medical Spanish It provides extensive training and review in two formats the print book contains numerous cases spanning a wide variety of clinical settings formatted as a patient would present for medical attention while the audio cases provide multiple opportunities to hone your listening comprehension skills Together these learning components test your knowledge and skills in caring for Spanish speaking patients and prepare you for case based examinations that test clinical skills in Spanish This first of its kind title is ideal as a stand alone resource or as a companion to Dr Ortega s Spanish and the Medical Interview A Textbook for Clinically Relevant Medical Spanish Helps you improve your interviewing skills your understanding of patient responses and your ability to explain a diagnosis and plan of care to Spanish speaking patients so you can provide a higher quality of patient care and safety in your practice Covers multiple presentations of cases in main organ system areas including musculoskeletal cardiovascular pulmonary gastrointestinal endocrine genitourinary neurologic psychiatric eye ear nose throat and pediatric in multiple patient care settings such as urgent care emergency department outpatient clinic and inpatient wards Focuses on topics that are particularly common in Hispanic Latino patients and includes cultural health issues that may impact the patient s understanding of medical information belief system decision making preferences or access to care all of which have a significant impact on your medical decision making and interviewing styles and effectiveness Leads you through key information for each case prompting you to use your medical Spanish clinical skills in a series of prompts and questions as

the case unfolds Assessment questions follow each case to test your comprehension Provides more than two dozen audio cases to improve your listening comprehension of different nationalities and accents of Spanish speaking patients Provides real world content from Drs Pilar Ortega and Marco Alem n who serve on the steering committee for the National Medical Spanish Taskforce that aims to standardize the educational approach to a national assessment examination for Medical Spanish Expands your global skills set in your home country when caring for patients who speak Spanish or when caring for patients in other countries through global medicine programs Evolve Instructor site with an image and test bank is available to instructors through their Elsevier sales rep or via request at <https://evolve.elsevier.com> **A Therapist's Guide to Writing in Psychotherapy** Michael D. Reiter,2023-06-29 This guide practically aids mental health professionals in understanding and improving their therapeutic and academic writing demonstrating how the written word is an invaluable tool to document assess and promote change with those in and outside the therapy room Exploring the various ways writing occurs in psychotherapy professions Michael D Reiter comprehensively covers the range of the written word from progress notes and assessment documentation to journaling and therapeutic letters as well as contacting larger systems such as report writing and grant applications Chapters are formatted to include the purpose and function of a particular type of writing before providing multiple examples so therapists can apply this in their own practice This book aims to help all therapists regardless of academic training or therapeutic modality to incorporate these ideas into their work This book is designed for mental health professionals in a variety of settings including counselors therapists social workers family therapists and clinical psychologists This book is useful for graduate students as well as those already in practice **Medical Documentation, Billing, and Coding for the Advanced Practice Nurse** Carol Berger,Theresa Galakatos,Nina A. Zimmermann,2025-01-30 Written specifically for student and new nurse practitioners this guide presents the essentials of how to document code bill and get reimbursed for services provided in practice Coding is a core skill that requires practice and a nurse practitioner is responsible for the accuracy of codes submitted on a claim form This book covers the context and background for billing and coding how to document correctly the 2021 2023 evaluation and management coding changes specialty services the legal implications of coding and medical necessity Using a read it see it do it approach as a learning strategy the book includes case studies from a range of inpatient and outpatient settings and practice exercises to try out your skills Resources linked to updates on billing and coding rules are provided as an appendix to ensure the content can be applicable long term This text is an invaluable resource for students and nurse practitioners new to coding and billing **Statistics** United States. Selective Service System,1946 **Emergency Care and Transportation of the Sick and Injured** Andrew N. Pollak,Bruce D. Browner,American Academy of Orthopaedic Surgeons,2002 Helping the EMT student become EMT basics **Fundamentals of the Physical Therapy Examination** Fruth,2017-03-09 Fundamentals of the Physical Therapy Examination Patient Interview and Tests Measures Second Edition provides physical therapy students and clinicians with the necessary tools to determine

what questions to ask and what tests and measures to perform during a patient exam This text utilizes a fundamental step by step approach to the subjective and objective portions of the examination process for a broad spectrum of patients This edition has been updated and revised to reflect the new APTA Guide 3 0 and the Second Edition also includes new and extensive coverage of goniometry and manual muscle testing techniques with more than 300 new photographs **Medical Statistics Bulletin** United States. Selective Service System,1944 **Guide to Clinical Documentation** Debra D Sullivan,2018-07-25 Understand the when why and how Here s your guide to developing the skills you need to master the increasing complex challenges of documenting patient care Step by step a straightforward how to approach teaches you how to write SOAP notes document patient care in office and hospital settings and write prescriptions You ll find a wealth of examples exercises and instructions that make every point clear and easy to understand Kinn's The Medical Assistant - E-Book Deborah B. Proctor,Alexandra Patricia Adams,2014-03-27 The most comprehensive medical assisting resource available Kinn s The Medical Assistant 11th Edition provides unparalleled coverage of the practical real world administrative and clinical skills essential to your success in health care Kinn s 11th Edition combines current reliable content with innovative support tools to deliver an engaging learning experience and help you confidently prepare for today s competitive job market Study more effectively with detailed Learning Objectives Vocabulary terms and definitions and Connections icons that link important concepts in the text to corresponding exercises and activities throughout the companion Evolve Resources website and Study Guide Procedure Checklist Manual Apply what you learn to realistic administrative and clinical situations through an Applied Learning Approach that integrates case studies at the beginning and end of each chapter Master key skills and clinical procedures through step by step instructions and full color illustrations that clarify techniques Confidently meet national medical assisting standards with clearly identified objectives and competencies incorporated throughout the text Sharpen your analytical skills and test your understanding of key concepts with critical thinking exercises Understand the importance of patient privacy with the information highlighted in helpful HIPAA boxes Demonstrate your proficiency to potential employers with an interactive portfolio builder on the companion Evolve Resources website Familiarize yourself with the latest administrative office trends and issues including the Electronic Health Record Confidently prepare for certification exams with online practice exams and an online appendix that mirrors the exam outlines and provides fast efficient access to related content Enhance your value to employers with an essential understanding of emerging disciplines and growing specialty areas Find information quickly and easily with newly reorganized chapter content and charting examples Reinforce your understanding through medical terminology audio pronunciations Archie animations Medisoft practice management software exercises chapter quizzes review activities and more on a completely revised companion Evolve Resources website Kinn's The Administrative Medical Assistant - E-Book Alexandra Patricia Adams,2013-10-21 The most comprehensive front office medical assisting resource available Kinn s The Administrative

Medical Assistant 7th Edition provides unparalleled coverage of the practical real world administrative skills essential to your success in the health care office This thoroughly updated fully modernized edition combines current reliable content with innovative support tools to deliver an engaging learning experience and help you confidently prepare for today s competitive job market Apply what you learn to realistic administrative situations through an Applied Learning Approach that integrates case studies at the beginning and end of each chapter Study more effectively with detailed Learning Objectives Vocabulary terms and definitions and Connections icons that link important concepts in the text to corresponding exercises and activities throughout the companion Evolve Resources website and Study Guide Procedure Checklist Manual Confidently meet national medical assisting standards with clearly identified objectives and competencies incorporated throughout the text Master key skills through step by step instructions and full color illustrations that clarify procedures Sharpen your analytical skills and test your understanding of important concepts with critical thinking exercises Understand the importance of patient privacy with the information highlighted in helpful HIPAA boxes Demonstrate your proficiency to potential employers with an interactive portfolio builder on the companion Evolve Resources website Familiarize yourself with the latest administrative office trends and issues including the Electronic Health Record Confidently prepare for the CMA and RMA certification exams with a new online appendix that mirrors the exam outlines and provides fast efficient access to related content Find information quickly and easily with newly reorganized chapter content and charting examples Reinforce your understanding through medical terminology audio pronunciations Medisoft practice management software exercises chapter quizzes review activities and more on the completely revised companion Evolve Resources website     Advanced Health Assessment and Diagnostic Reasoning Jacqueline Rhoads,Sandra Wiggins Petersen,2024-09-13 Advanced Health Assessment and Diagnostic Reasoning continues to deliver a comprehensive overview of general strategies for health history taking physical examination and documentation in an updated Fifth Edition It expertly covers the diagnostic reasoning process that providers must follow when assessing an actual case The Fifth Edition outlines each step of the health assessment process and further demonstrates the link between health history and physical examination It also provides the healthcare professional with the essential data needed to formulate a diagnosis and treatment plan     *Principal defect reports Nov. 1940-Dec. 1944* United States. Selective Service System (1940-1947),1946



## **Physical Exam Documentation Sample** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Physical Exam Documentation Sample**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve to the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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## Physical Exam Documentation Sample Introduction

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