

## **Psychology Assessment**

### **Paper 1 Example (3 SAQs & 1 ERQ)**

Answer all questions in this section. Marks will be awarded for focused answers supported by relevant knowledge and study.

1. Describe neuroplasticity, with reference to one study. [9 marks]

Neuroplasticity is the brain's ability to change in response to environmental demands. This occurs through neuronal unmasking and neural pruning. Neuronal unmasking is when the brain activates dormant neurons and strengthens them through practice, which increases neuronal density in the areas of the brain with recent patterns of activity. Long-term potentiation is the term used for the strengthening of neural networks through recent patterns of activity in specific regions of the brain that cause a long-lasting increase in signal transmission in those regions and this explains how the brain structure changes as a result of environmental demands. However, a lack of activity in neural networks leads to the weakening and the elimination of these networks which is known as neural pruning. Many studies have investigated neuroplasticity in action, namely Maguire et al. (2000) which investigated whether structural changes were evident in the brains of people with extensive experience in spatial navigation.

The study compared MRI scans of 16 right-handed male taxi drivers in London that have all been driving for at least 1.5 years to the MRI scans of 50 right-handed males from the London Hospital who were not taxi drivers. The mean age did not differ between the experimental group and the control group. They found that the taxi drivers had increased grey matter in the hippocampal areas as compared to the control group which suggests that the hippocampus plays a role in spatial navigation. Furthermore, they found that the taxi drivers had larger posterior hippocampi than the control group, whilst the control group had larger anterior hippocampus than the taxi drivers. This demonstrates long-term potentiation occurring in the taxi drivers' posterior hippocampi. Since, the taxi drivers use their spatial navigation skills frequently, the recent activity in the posterior hippocampus leads to the strengthening of the neural networks in that region which increases the neural density and is evident through the larger volume of the posterior hippocampus in the taxi drivers. Moreover, a positive correlation between the number of years driving and the volume of the posterior hippocampus was discovered, which creates a direct link between increased use of spatial navigation skills and the volume of that region. This further demonstrates the effects of long-term potentiation on brain structure and, therefore, the relationship between brain structure and environmental demands. They concluded that the structural changes were evident in the brains of the taxi drivers, with extensive experience in spatial navigation and the findings of this study act as evidence for neuroplasticity as the changes in the volume of the posterior hippocampus (a change in the structure of the brain) is shown to be impacted by the experience in spatial navigation (the environmental demand).

**Feedback:**

Excellent links made.

You described two specific parts of neuroplasticity, but not what it is in general.

7/9 mark

# Paper 1 Psychology Ib

**University of Cambridge**

## **Paper 1 Psychology Ib:**

*Survive the IB!* Nathan Taber,2011      **Statutes and Ordinances of the University of Cambridge 2008** University of Cambridge,2008-09-25 This is the latest updated edition of the University of Cambridge s official statutes and Ordinances

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**National Library of Medicine Current Catalog** National Library of Medicine (U.S.),      **The American Journal of Psychology** Granville Stanley Hall,Edward Bradford Titchener,Karl M. Dallenbach,Madison Bentley,Edwin Garrigues Boring,Margaret Floy Washburn,1924      **Cambridge University Handbook** ,1988      **Statutes of the University of Cambridge and Passages from Acts of Parliament Relating to the University** University of Cambridge,1989      *Current Catalog* National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70      **Cambridge University Guide to Courses** ,2003      **The American Psychiatric Publishing Textbook of Forensic Psychiatry** Liza H. Gold,Richard L. Frierson,2017-10-02 The inaugural edition of The American Psychiatric Association Publishing Textbook of Forensic Psychiatry was the first of its kind and subsequent editions have raised the bar earning it a spot as a leading text in this fascinating subspecialty of psychiatry This new third edition is the product of a painstaking and exhaustive revision process that resulted in a significantly expanded and restructured work This edition is a thorough review of the field yet is flexible enough to be useful to a diverse audience Because the topics in and structure of this edition were informed by the American Board of Psychiatry and Neurology s Content Outline for the Certification Examination in Forensic Psychiatry it can be used as a core text during forensic psychiatry fellowship training or as a review text to prepare for the certification or maintenance of certification exam An excellent resource on legal issues in clinical practice the book will also be an invaluable reference for general psychiatrists who frequently encounter complicated forensic issues such as informed consent confidentiality and the physician patient relationship The editors two of the foremost experts in forensic psychiatry faced the challenge of creating a text that accurately and fully reflects the latest advances in both the law and psychiatry

while enhancing learning This comprehensive yet accessible volume does just that Every chapter has been revised and 10 new chapters address topics of critical importance presented in a structure that facilitates study The book highlights the American Academy of Psychiatry and the Law s Landmark Cases in Forensic Psychiatry listing the cases at the beginning of each chapter and highlighting them within the text This helps readers master the key points in all topic areas while fostering understanding of the impact of the evolution of legal principles in statutory and case law in forensic psychiatry A new section on criminal justice includes chapters that address evaluations of competencies in the criminal justice system assessment of criminal responsibility and the role of psychiatry in death penalty cases An entire section is devoted to forensic psychiatric issues involving children and adolescents including general principles of evaluation of juveniles evaluations of juveniles in civil law and evaluations of juveniles in the criminal justice system New and revised chapters address the impact of technology on forensic psychiatry including neuroimaging the Internet and telepsychiatry The book thoroughly addresses forensic assessments of all kinds and introduces two new and critical chapters on risk assessment of suicide and violence Finally an index of Landmark Cases and an extensive subject index provide the foundational knowledge and navigational tools to identify relevant cases and topics quickly and easily The American Psychiatric Association Publishing Textbook of Forensic Psychiatry takes the reader from fundamental concepts to cutting edge research Practicing general and forensic psychiatrists psychiatry residents and those enrolled in forensic fellowship programs will come to depend on both its accessibility and its rigor

**The American Psychiatric Association Publishing Textbook of Forensic Psychiatry,**

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The United States Department of Commerce Publications, Catalog and Index Supplement United States. Dept. of Commerce,1952

## **Paper 1 Psychology Ib** Book Review: Unveiling the Magic of Language

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