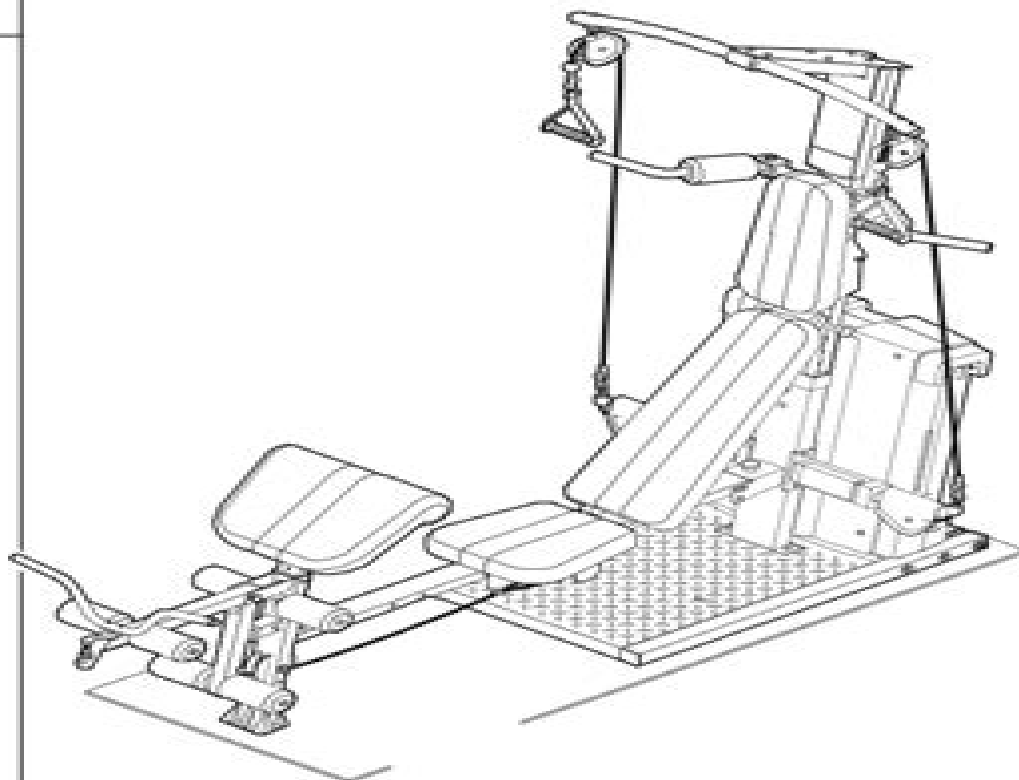


# PLATINUM

## PLUS 1000

by **WEIDER**



# Weider Platinum Plus Workout Guide

**Léo Pomar**

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