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COACHING

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Bowling: Steps to Success, 2E Wiedman, Doug, 2015-07-28 This step by step guide to conquering the lanes covers grip stance footwork arm swing timing strike targeting and spare shooting as well as strategies for adjusting to various lane conditions Dozens of drills and self scoring exercises chart progress and accelerate improvement *Manual of Coaching* ,

Coaching Manual Baseball Canada, 1987 Better Coaching Frank S. Pyke, Australian Sports Commission, 2001 Provides updated information on the sport sciences including anatomy physiology psychology biomechanics and skill acquisition which are vital for coaches in a range of sports Features practical guidelines to develop athletes case studies and anecdotes to demystify technical sports science information **Foundations of Coaching** Wasteland Press, 2020-09

The Technical Mastery of Bowling Progression Mohamed Janahi, 2023-12-28 *National coaching certification program* Canadian Federation of Amateur Baseball, 1987 **Advanced Coaching Manual** , 1979* National coaching certification program Canadian Amateur Boxing Association, 1983 Guide to Effective Coaching Billie Jo Jones, 1993 **Sport Coaches' Handbook** International Council for Coaching Excellence, 2021 Sport Coaches Handbook supports the education and development of sport coaches by providing them with the knowledge required to fulfill their roles as coaches while considering their personal values and philosophy the athletes they coach and the environment in which they coach *Basic Coaching Manual* José Manuel Ballesteros, 1992 **Manual on Coaching** Fairman Rogers, 2000 *Advanced Coaching Manual* Baseball Canada, 1980 National Coaching Certification Program Baseball Canada, Canadian Federation of Amateur Baseball, 1987 *Coaching Manual, Level 1, Technical : National Coaching Certification Program* Softball Canada, 1977 *Handbook & Coaching Manual, V.1* , 1983 Coaching Manual , 1979 **Handbook & Coaching Manual, V.2** , 1983 Coaching Certification Manual Module 2 Helen Attridge, 2016-07-03 Coaching manual for module 2

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