

## LIFE-COMMUNITAS, 70, 1990-1991

1. **Бүтээн бэлтгэл:** Бүтээн бэлтгэл нь төслийн зорил, үр дүн, хугацаа, зардал, хариуцаж буй хүснэгт, хууль тогтоомжуудыг тодорхойлох үйлдлийг хэлдэг. Үүний зорил нь төслийн зорил, үр дүн, хугацаа, зардал, хариуцаж буй хүснэгт, хууль тогтоомжуудыг тодорхойлох үйлдлийг хэлдэг.

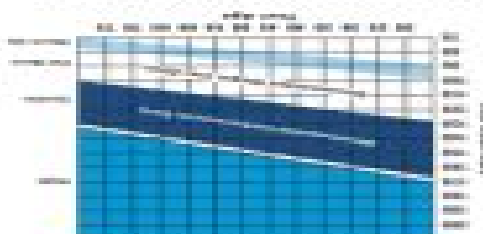
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1. *What is the purpose of the study?*  
 2. *What are the research questions or hypotheses?*  
 3. *What is the study design?*  
 4. *What are the participants and sample size?*  
 5. *What are the independent and dependent variables?*  
 6. *What are the data collection methods?*  
 7. *What are the data analysis methods?*  
 8. *What are the results of the study?*  
 9. *What are the conclusions of the study?*  
 10. *What are the limitations of the study?*  
 11. *What are the implications of the study?*  
 12. *What are the future research directions?*

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[illegible][illegible][illegible]

The following table shows the results of the regression analysis for the dependent variable "Number of children" (N = 1,000). The independent variables are "Age" and "Gender". The table includes the coefficient estimates, standard errors, t-statistics, and p-values for each variable.

Variable	Coefficient	Standard Error	t-statistic	p-value
Age	0.15	0.02	7.50	0.000
Gender (Male)	-0.10	0.03	-3.00	0.002
Constant	1.50	0.10	15.00	0.000

The regression equation is:  $\text{Number of children} = 0.15 \times \text{Age} - 0.10 \times \text{Gender (Male)} + 1.50$ .



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stretching exercises can help to relax the neck muscles and restore range of motion fig 13 14 5 strengthening and stabilizing

the neck to regain maintain good posture your neck needs the support of neck shoulder and trunk musculature simple

exercises done every day will build that essential support fig 15 16

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