

GOAL BANK

ATTENTION TO TASK

Pt will improve joint attention skills as evidenced by his ability to engage and sustain interaction with clinician for 3-5 minutes in an age appropriate child directed activity 3 out of 4 opportunities.

BILATERAL COORDINATION

Pt will demonstrate bilateral coordination as evidenced by completing symmetrical and reciprocal bilateral gross motor and fine motor tasks with 90% fluidity, 3 out of 4 trials.

BODY AWARENESS

Pt will demonstrate improved body awareness and safety awareness with relation to seeking behaviors as evidenced by ability to seek sensory input in safe ways, with <3 verbal cues, 3 out of 4 opportunities.

CORE STRENGTH

Pt will demonstrate improved postural strength and stability as evidenced by her ability to climb/ mount age appropriate play equipment with appropriate joint isolation with min A, $\frac{3}{4}$ trials.

EXECUTIVE FUNCTIONING

Pt will demonstrate improved executive functioning skills as evidence by the ability to adaptive to change and being a supportive team member with appropriate problem solving 3 out of 4 opportunities.

FINE MOTOR

Pt will demonstrate improved fine motor accuracy skills as evidenced by his ability to complete tracing simple shapes with 80% accuracy, 3 out of 4 opportunities.

ORAL

Pt will demonstrate improved oral sensory processing as evidenced by her ability to tolerate a non-preferred food on her plate, while eating preferred foods $\frac{3}{4}$ trials to increase her food range and exploration of foods.

SENSORY PROCESSING

Pt will demonstrate improved sensory processing and self-regulation as evidenced by the ability to independently identify 3 self-calming techniques when experiencing frustration 4 out of 5 trials.

VESTIBULAR

Pt will demonstrate improved vestibular-proprioceptive processing to maintain postural stability in knee standing on uneven and moving surfaces without signs of balance loss while engaged in a visual task, $\frac{3}{4}$ trials.

Occupational Therapy Smart Goals Examples

RJ Shavelson



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