

BLS for Healthcare Professionals

CABs of CPR

CPR	ADULT & OLDER CHILD (puberty and older)	CHILD (1 year to signs of puberty)	INFANT (up to 1 year old)
Verify Scene Safety	Do not enter an unsafe environment. Call 9-1-1		
Check victim's responsiveness	If victim is unresponsive, shout for help. Call 9-1-1 with mobile device, if available. Send someone to find an AED.		
Activate 9-1-1	If you are alone and do not have a mobile device, leave the victim to call 9-1-1 first, then look for an AED. Return to perform CPR.	If you are alone and WITNESS THE COLLAPSE Leave the victim to call 9-1-1 first, and look for an AED. Return to perform CPR.	
Determine if victim is breathing & has a pulse	Simultaneously check for breathing & pulse for no more than 10 seconds. NOTE: agonal breaths are not considered signs of breathing For children and infants, a pulse rate of less than 60 beats / minute is treated as no pulse.		
	Check carotid artery on your side of the victim's the neck.		Check brachial artery on inside of the victim's upper arm near the armpit.
Rescue Breathing If victim has a DEFINITE detectable pulse, but is not breathing	1 breath every 5-6 seconds Check pulse every 2 minutes.	1 breath every 3-5 seconds Check pulse again every 2 minutes If pulse less than 60 beats per minute, or perfusion remains poor, add compressions	
	For suspected opioid overdose, administer naloxone, if available		
If victim has NO detectable pulse: Begin CPR Minimize interruptions	1 rescuer: 30 compressions : 2 breaths 2+ rescuers: 30 compressions : 2 breaths Use AED as soon as it arrives.	1 rescuer: 30 compressions : 2 breaths 2+ rescuers: 15 compressions : 2 breaths Use the AED as soon as it arrives	
Compression rate	100 - 120 compressions per minute		
Hand placement	2 hands on lower half of breastbone	1 hand or 2 hands on lower half of breastbone	1 rescuer: 2 fingers 2+ rescuers: 2 thumbs on center of chest, just below nipple line
Compression depth	2 to 2.4 inches (5-6 cm)	1/3 the depth of the chest - about 2 inches (5 cm)	1/3 the depth of the chest - about 1.5 inches (4 cm)
Chest recoil	Allow for full chest recoil after each compression		
Minimize interruptions	Limit interruptions in chest compressions to no more than 10 seconds		
Use the AED as soon as it arrives	Turn on AED and follow instructions. Never remove the AED.		

New Cpr Guidelines Cheat Sheet

Victor M. Corman

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

New Cpr Guidelines Cheat Sheet:

An Introduction to Pet Dental Care Kathy Istace, 2021-10-25 Periodontal disease is one of the most common diseases observed by small animal practitioners and it is not uncommon for the veterinary technician to be the first line in oral health assessment and treatment Despite this current dentistry training for veterinary technicians and nurses is often very limited This book explains the causes consequences prevention and treatment of pet dental diseases including periodontal disease fractured teeth tooth resorption dental malocclusions oral masses jaw fractures and other oral conditions **Nancy Caroline's Emergency Care in the Streets** Nancy L. Caroline, American Academy of Orthopaedic Surgeons (Aaos), 2017-08-15 This fully updated training system covers every competency statement of the National EMS Education Standards for Paramedics with clarity and precision in a concise format that ensures student comprehension and encourages critical thinking Judicial Review Handbook The Hon Sir Michael Fordham, 2008-11-05 Foreword by Lord Woolf the former Lord Chief Justice The Judicial Review Handbook is one of the leading works in public law an indispensable source of reference and a guide to the burgeoning case law in judicial review Established as an essential part of the library of any practitioner engaged in public law cases the Judicial Review Handbook offers unrivalled coverage of administrative law including but not confined to the work of the Administrative Court and its procedures But as anyone who has used the previous editions will acknowledge it is much more than that The completely revised and up dated fifth edition is once again structured around 63 unique legal principles supported by a compendious compilation of sources and an unequalled selection of reported case quotations It also includes essential procedural rules forms and guidance issued by the Administrative Court This edition builds on previous editions with deepened coverage of the impact on judicial review of both the Civil Procedure Rules and the Human Rights Act 1998 which at the time of the previous edition were both new arrivals in English law Their impact and the plethora of cases which explore their meaning and application are fully analysed and evaluated by Michael Fordham and quotations from the cases incorporated into the unique appendices of case extracts The author a leading member of the English public law bar has been involved in many of the leading judicial review cases in recent years and is the founding editor of the Judicial Review journal It is our first port of call when we have an administrative law problem Lord Woolf from the Foreword to the Third Edition See the companion website for this book including case synopses at www.judicialreviewhandbook.com **Nursing Today - E-Book** JoAnn Zerwekh, Ashley Zerwekh Garneau, 2022-07-09 Make a smooth transition from nursing school into the practice setting with Nursing Today 11th Edition With this book you will gain a solid understanding of the issues and trends that affect the nursing profession Not only will you graduate with patient care skills but you will advance your career with insights into writing a resume interviewing finding a job and obtaining specialty certifications This edition takes a deeper look into topics such as workplace bullying conflict management cultural and spiritual awareness and the new question types found on the Next Generation NCLEX examination Written by well known

nursing educators JoAnn Zerwekh and Ashley Zerwekh Garneau this easy to read text prepares you for success on the NCLEX RN exam and in professional nursing practice Thorough coverage prepares you for a professional career with an introduction to historical and present day nursing as well as legal ethical political and workplace issues Learning objectives humorous cartoons and a pithy quote introduce the content in each chapter Critical Thinking boxes ask you to apply your knowledge to the practice setting Coverage of QSEN competencies addresses effective communication team building evidence based practice patient safety and quality assurance Tips for transitioning into the workplace are included in chapters such as NCLEX RN Exam and the New Graduate Employment Considerations Opportunities Resumes and Interviewing and Mentorship Preceptorship and Nurse Residency Programs Career advancement tools include time management communication and delegation how to write an effective resume interviewing tips guidelines for using social media attaining certification in a nursing specialty and self care strategies Evidence Based Practice boxes summarize practice Issues implications for nursing practice and the references for the evidence Research for Best Practice boxes highlight the research evidence that supports clinical practice Crop Protection Reference ,2007 **CPR Lifesaving Reference Guide (Speedy Study Guide)** Speedy Publishing,2014-12-07 When a life is at stake you will want to do everything you can to ensure that person makes it out alive When CPR is needed it is crucial to administer the procedure properly This is where CPR Lifesaving reference guides come into play These handy guides will let an individual know the steps needed to complete CPR These guides help save lives in emergencies for people who haven t taken a full CPR course at their local Red Cross Station **Heartsaver Pediatric First Aid CPR AED Quick Reference Guide** American Heart Association Staff,2016-09-21 Product 15 1040 *CPR- New Guidelines , 2015 American Heart Association Guidelines* ,2015

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