

- o **Option D:** If nursing measures prove ineffective notify the physician, who may prescribe pentobarbital. Pentobarbital is a drug within the barbiturate class that works primarily on the central nervous system. Common off-label uses are for control of intracranial pressure in patients with severe brain injuries, cerebral ischemia, and those receiving treatment for Reye syndrome.

- 2. Question

A client with a subarachnoid hemorrhage is prescribed a 1,000-mg loading dose of Dilantin IV. Which consideration is **most** important when administering this dose?

- o A. Therapeutic drug levels should be maintained between 20 to 30 mg/ml.
- o **B. Rapid Dilantin administration can cause cardiac arrhythmias.**
- o C. Dilantin should be mixed in dextrose in water before administration.
- o D. Dilantin should be administered through an IV catheter in the client's hand.

Correct Answer: B. Rapid Dilantin administration can cause cardiac arrhythmias.

Dilantin IV shouldn't be given at a rate exceeding 50 mg/minute. Rapid administration can depress the myocardium, causing arrhythmias. The drug is slowly administered intravenously directly into a large central or peripheral vein through an IV catheter less than 20 gauge, not exceeding a rate of 50 mg/minute.

- o **Option A:** Therapeutic drug levels range from 10 to 20 mg/ml. Phenytoin displays its primary signs of toxicity on the nervous and cardiovascular systems. Overdose on oral phenytoin mainly causes neurotoxicity, whereas cardiovascular toxicity is the main side effect of parenteral administration.
- o **Option C:** Dilantin shouldn't be mixed in solution for administration. However, because it's compatible with normal saline solution, it can be injected through an IV line containing normal saline. It requires dilution with

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Huangqi Zhang



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