

Urinary

Anatomy & Physiology

The Urinary System -

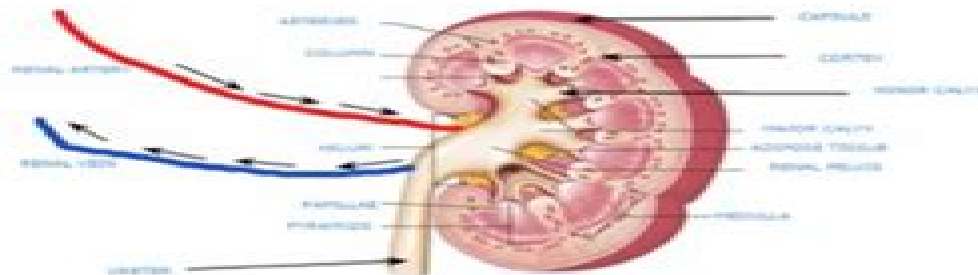
- Forms urine
- Balances fluid and electrolytes
- Balances pH
- Excretes waste
- Regulate BP
- Creates RBC through erythropoietin (hormone or chemical messenger) → swims in blood stream to tell bone marrow to make RBC
- Activates vitamin D (elevating calcium) → calciferol (hormone) increased absorption of calcium

Kidneys - get RID of what the body DOESN'T need, KEEPS what the body NEEDS

- Body breaks down PROTEIN for energy, the BYPRODUCT (garbage) of protein → urea, ammonia, and creatinine is produced (the stuff the body DOESN'T need) then excreted through urine
- Functions of the kidneys** → removes waste, excess water, and electrolytes from the blood and concentrates them in the URINE (fluid filled with stuff the body doesn't need) → bladder (collects and stores the urine) → urethra (takes urine from bladder to outside of the body)
- Kidneys lie → parietal (behind) peritoneum aka retroperitoneal (lower back area)

Kidneys Anatomical Structure -

- Renal capsule → strong outer layer of connective tissue
- Renal cortex → contain renal tubules (aka NEPHRONS → basic filtration unit of kidneys)
- Medulla → triangular pyramids
- Papillae → alot of collecting ducts → empties urine
- Calyces (major and minor) → hold urine
- Renal pelvis and hilum



Nephron - (aka tubules) millions of microscopic nephrons in each kidney

- Filters blood and processes urine by** → constantly working (60 times per day)
 - Controlling fluid levels by selectively removing or retaining water (ex. If fluid level is too low, it'll prevent the body from releasing water)
 - Regulates pH of the blood
 - Removes toxic waste from blood (byproduct of protein → urea, creatinine and ammonia)

Urinary Study Guide

Lucas Blade Hebert



Urinary Study Guide:

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Kowalski, 2002-11-21 This excellent study guide helps LPN LVN students get the most out of the Textbook of Basic Nursing Eighth Edition This concise learning tool allows students to review all the key material from the Eighth Edition and features a self study CD ROM they can use to help prepare for class or examinations

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Ignatavicius, Karen Wittrig, Brian Sutter, William Moore, 2020-01-19 Medical Surgical Nursing is a nursing specialty area concerned with the care of adult patients in a broad range of settings The Academy of Medical Surgical Nurses AMSN is a specialty nursing organization dedicated to nurturing medical surgical nurses as they advance their careers Covers only material required by The Academy of Medical Surgical Nurses AMSN Patient Problems by Physiological Systems Gastrointestinal Pulmonary Cardiovascular Diabetes types 1 2 and other Endocrine Genitourinary Renal and Reproductive Musculoskeletal and Neurological Hematological Immunological and Integumentary Domains of Nursing Practice Diagnostic and patient monitoring function Administering monitoring therapeutic interventions Helping role Teaching coaching function Effective management of rapidly changing situations Monitoring and ensuring quality of health care practices Organizational and work role competencies 334 pages fluff free study guide

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