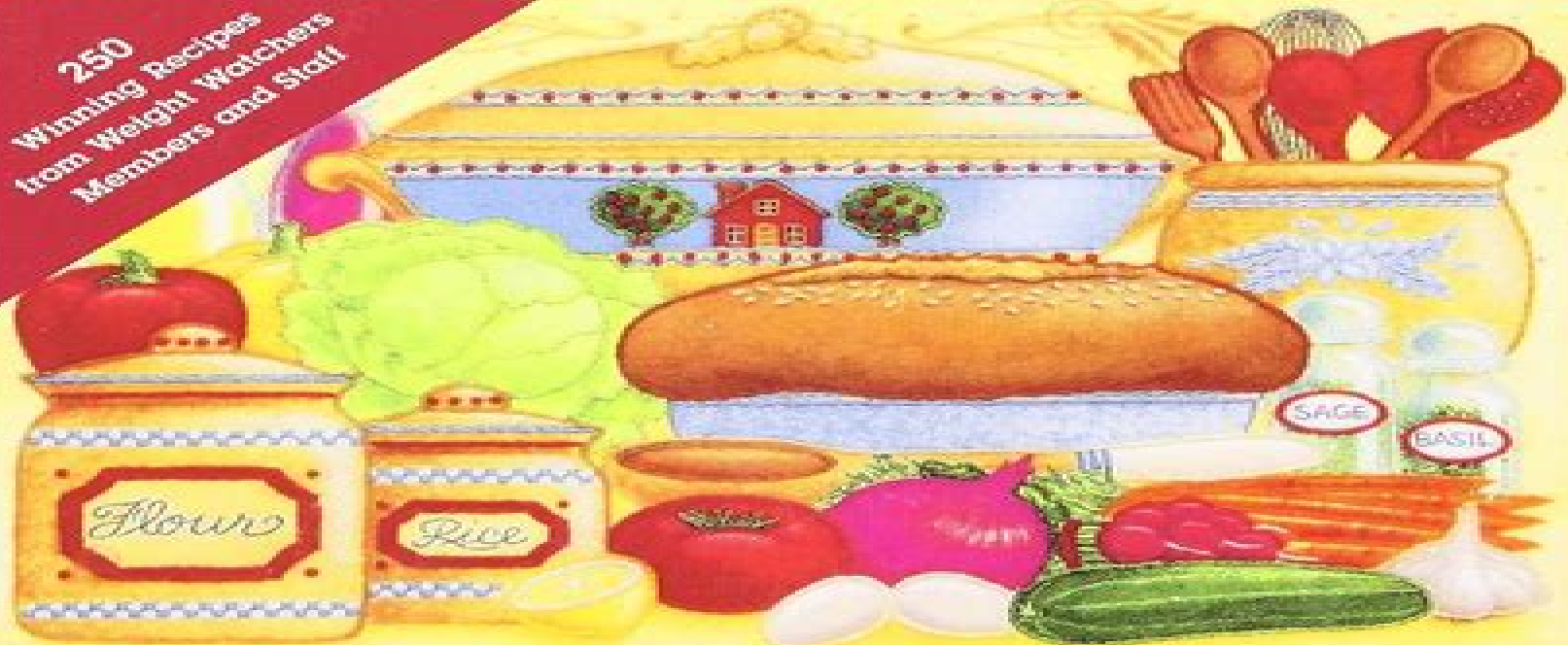


WEIGHT WATCHERS

FAVORITE HOMESTYLE RECIPES

250
Winning Recipes
from Weight Watchers
Members and Staff



Weight Watcher Favorite Homestyle Recipe

Ed Bowker Staff, Staff Bowker, Ed

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their experiences with hundreds of patients the authors give vital guidelines for building a solid program against common types of cancer and explain how to make the best use of available medical resources Charts line drawings Weight

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